



## An Afternoon of Reflection

All families of  
Holy Name of Jesus Parish  
and Holy Family Chapel

Sunday, 24 March 2019

1:30 TO 3:45 PM

Please be seated by 1:20 PM

**What?** – An Afternoon of Reflection, a retreat for the whole family (no requirements for a babysitter) - Every Sunday Catholics profess their faith in Jesus. But have we ever paused and reflected on what it means to say: I believe in Jesus? Who is this man we believe in? These questions and others will be explored through two sessions.

**When?** Sunday 24 Mar, 1:30 -15:45 PM. Please be seated by 1:20 PM.

**Whom, Where?** All families of Holy Name of Jesus are invited to Holy Family Chapel, CFB Kingston. Sponsored by KofC. Limit - 70 attendees.

**Cost?** - \$10 per family or \$5 for singles. Pay no later than 17 Mar. by Etransfer to [rcharest@cogeco.ca](mailto:rcharest@cogeco.ca) or by placing money in envelope in church collection entitled: "Retreat 24 March Event." Please book early. For both methods of payment indicate number of members in the family and ages of children.

**Questions?** contact Robert Charest at 613-547-4731 or email at [knights11886RC@gmail.com](mailto:knights11886RC@gmail.com) . The family members will be divided in three groups:

#	Group	Group Leader
1.	Adults	Bill Gervais – Deacon, Kingston Diocese
2.	Preteens and teens. We will have an activity about the Lenten Season (and coming Easter!) and then enjoy hot cocoa and board games!	Holy Family Chapel Young Adults Group.
3.	Children who not in school (ages 1-5) and Grades 1-2	Naomi Roberge, Chapel's Child Liturgical Director

